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**Terror era over in J-K,**

it commemorates the legacy of Prof. M. Viswanathan, regarded as one of the founding fathers of diabetology and diabetes research in India. He described it as a tribute not only to his own lifelong work but also to the rich tradition of medical excellence shaped by the first generation of post-independence physicians and their contemporary stalwarts, whose guidance combined clinical rigour with a deep sense of compassion for patients.

Recalling his formative years, Dr. Jitendra Singh shared that his years at Stanley Medical College, Chennai, played a defining role in shaping his professional journey. He said that the academic environment and mentorship he received instilled in him a lifelong commitment to learning and patient care. Dr. Jitendra Singh described early grooming, right mentorship and imbibe of medical ethics as key pillars of a successful medical career and added that, to gain public trust in medical practice, it is equally important for a doctor to be a good human being. Reflecting on the evolution of medical science, Dr. Jitendra Singh noted that he has witnessed the transition from an era when diagnosis relied primarily on clinical examination and patient history to the present landscape of advanced technologies and artificial intelligence, describing it as a uniquely enriching experience of being a witness to an amazing transition. Dr. Jitendra Singh is a renowned diabetologist, academician and public representative with decades of experience in Medicine and Diabetes. A Professor of Medicine and Endocrinology by training, he has contributed extensively to Diabetes research, medical literature, and public health awareness, with over five thousand published articles and several books to his credit. His pioneering work, including research on "Stress Diabetes in Kashmiri Migrants," has received international recognition. Over the years, he has been associated with leading national and global diabetes bodies and has contributed significantly to medical education and policy. MVCON 2026 marks the inaugural edition of the annual scientific conference of M.V. Hospital for Diabetes and Prof. M. Viswanathan Diabetes Research Centre (MVDRC), Chennai. The chief organiser of MVCON 2026 is Dr. Vijay Vishwanathan, a Diabetologist of national and international repute, whose work on 'Diabetes Foot Disease' is widely cited and acclaimed. The conference is witnessing participation of over 700 delegates, including leading experts from across India and international faculty. The scientific programme includes hands-on workshops, clinical discussions, panel interactions, and research presentations, with a special focus on diabetic foot disease and evidence-based approaches for reducing complications and improving patient outcomes. M.V. Hospital for Diabetes, established in 1954 by Prof. M. Viswanathan, has built a legacy of over seven decades in clinical care, education, and research. The institution has developed a comprehensive, multidisciplinary diabetic foot care programme and has successfully helped prevent more than one lakh lower limb amputations through early detection, advanced treatment, and sustained rehabilitation. 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Viswanathan Diabetes Research Centre, established in 1972, continues to contribute to advancing scientific understanding of diabetes and has been recognised by leading national institutions including ICMR and the Department of Science and Technology. Its research has also gained international visibility, with scientists associated with the institution featured among the world's top researchers.

and fuel supplies remain the least affected. "We all know that India imports 60 per cent of its LPG needs. Due to uncertain supply, the government is prioritising domestic supply. LPG production in the country is also being increased," he said. The prime minister also said the conflict has created unexpected challenges, including economic, humanitarian and those related to national security. "The countries affected by the conflict share extensive trade relations with India. The region fulfils a significant portion of our crude oil and gas requirements. It is also important because around 1 crore Indians live and work there," he said. It is essential that a unanimous and united voice on this crisis reaches the world from Parliament, he said. Modi also said that since the conflict began, every Indian in the affected areas has been provided with necessary assistance. "I have spoken with most of the heads of state in West Asia over the phone in two rounds. And they have all assured the safety of Indians," he said. Unfortunately, the prime minister said, some people have lost their lives, and some have been injured in the conflict. Help is being provided to the affected families, Modi said.

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**Pahalgam tourist**

compromising the security of the foreign tourists. During a routine check in the Dehwato area, police found that a group of foreign tourists had checked into the hotel on Sunday evening. However, officials said the hotel management wilfully and deliberately concealed their stay details from the Pahalgam Police Station. Strict action will be taken against any individual or establishment found violating the prescribed regulations related to the stay and reporting of foreign nationals, the official said. The management also failed to fill out the mandatory "Form C", required under the relevant provisions governing the stay of foreign nationals, he said. Police said an investigation into the matter has begun.

**ED attaches Rs 16.86 lakh in**

provisions of the Prevention of Money Laundering Act (PMLA), 2002. The attached amount is lying in a bank account maintained in the name of M/s Jeevika Foundations with HDFC Bank, Karol Bagh, New Delhi. The said account is operated by accused Gaurav Kumar S/o Jaipal Singh, who is found to be involved in a well-organized Digital Arrest cyber fraud racket, statement reads.

ED initiated investigation on the basis of FIR No. 26/2024 dated 19.10.2024 registered by Cyber Police Station, Kashmir Zone, along with a preliminary charge sheet filed before the Honorable Court of Chief Judicial Magistrate, Srinagar, it reads. The investigation pertains to a cyber fraud wherein innocent citizens were deceived through impersonation of officials from law enforcement and regulatory agencies. Investigation revealed that the accused persons, namely Gaurav Kumar, Gurpreet Singh, and Ujjwal Chauhan, in conspiracy with other associates, executed a well-planned fraud by impersonating officials of agencies such as TRAI and CBI, it reads.

Statement further reads, the victim was falsely informed that he was involved in a money laundering case linked to national security and was threatened with arrest. Under fear, coercion, and psychological pressure, the victim was compelled to liquidate his fixed deposits and transfer funds.

Accordingly, an amount of Rs. 21,00,000/- was fraudulently obtained from the victim and transferred to the bank account of M/s Jeevika Foundations, which acted as the primary beneficiary and conduit account. Out of the total defrauded amount, a sum of Rs. 4,13,535/- has already been refunded to the complainant pursuant to the order dated 28.09.2024 passed by the Honorable Court of Chief Judicial Magistrate, Srinagar, it reads. However, the remaining amount of Rs. 16,86,465/-, which is identifiable and traceable in the bank account of M/s Jeevika Foundations, constitutes Proceeds of Crime under the provisions of PMLA, 2002, it reads. In furtherance, the said amount has been provisionally attached under Section 5(1) of the PMLA, 2002. Further Investigation is under progress, statement reads.

**Blast outside home**

dogs, also visited the blast site. "The incident occurred around 1.07 am when the residents of the house heard an explosion. They came outside to find that the gate had been damaged," Samba Senior Superintendent of Police Virinder Singh Manhas told reporters at the scene. "We have never heard such a loud explosion before. It shook the entire village and shattered the window panes of our house and nearby homes," Sharma said, requesting a thorough probe to identify those responsible for the act. He said the police collected the shrapnel and other pieces, possibly from a bomb or some explosive. "The area is also close to the border, so people are scared," the forme

**Transfers and postings**

charge of Tehsildar Diskit. Further, Akeel Sajjad,

JKAS, presently serving as Block Development Officer, Leh, with additional charge of District Panchayat Officer, Leh, has been transferred and posted as Officer on Special Duty (OSD) in the office of the Chief Secretary, UT of Ladakh. Meanwhile, the earlier order regarding the posting of Dr. Tundup Namgail as OSD in the office of the Chief Secretary has been withdrawn. The order shall remain in effect until further instructions.

**Jaishankar reaffirms Russia.**

decades, our mutually beneficial cooperation has advanced regional and global peace, stability and progress," Jaishankar said. The external affairs minister also made a mention of outcomes that emerged from Russian President Vladimir Putin's visit to New Delhi in December last year. "Both sides are committed to increasing the present annual trade from USD 68.7 billion to USD 100 billion by 2030 in a balanced and sustainable manner," he said. To this effect, "we must continue efforts to conclude the India-Eurasian Economic Union free trade agreement and address non-tariff barriers and regulatory impediments and utilise the skilled Indian workforce," he said. The external affairs minister's remarks assumed significance as they came against the backdrop of the crisis in West Asia. Following talks between PM Modi and Russian President Vladimir Putin in December, India and Russia unveiled a raft of measures including a five-year roadmap to build a robust economic partnership and to increase the annual trade to USD 100 billion by 2030. Jaishankar also described Russia as India's "foremost partner" in the civil nuclear energy sector. "As India aims to increase its nuclear energy generation capacity to 100 GW by 2047, I am confident that it will find a trusted and reliable partner in Russia for peaceful uses of nuclear energy," he said. In his comments, Lavrov said the "time-tested" Russia-India friendship is a model on interstate relations based on mutual trust and respect. "New Delhi deserves the deepest respect for pursuing an independent foreign policy as part of its course toward strategic autonomy, consistently prioritising the national interest," he said. "The time-tested Russian-Indian friendship is a model of how interstate relations based on equality, mutual trust and respect, and consideration of each other's interests can and should be built," he added. decades, our mutually beneficial cooperation has advanced regional and global peace, stability and progress," Jaishankar said. The external affairs minister also made a mention of outcomes that emerged from Russian President Vladimir Putin's visit to New Delhi in December last year. "Both sides are committed to increasing the present annual trade from USD 68.7 billion to USD 100 billion by 2030 in a balanced and sustainable manner," he said. To this effect, "we must continue efforts to conclude the India-Eurasian Economic Union free trade agreement and address non-tariff barriers and regulatory impediments and utilise the skilled Indian workforce," he said. The external affairs minister's remarks assumed significance as they came against the backdrop of the crisis in West Asia. Following talks between PM Modi and Russian President Vladimir Putin in December, India and Russia unveiled a raft of measures including a five-year roadmap to build a robust economic partnership and to increase the annual trade to USD 100 billion by 2030. Jaishankar also described Russia as India's "foremost partner" in the civil nuclear energy sector. "As India aims to increase its nuclear energy generation capacity to 100 GW by 2047, I am confident that it will find a trusted and reliable partner in Russia for peaceful uses of nuclear energy," he said. In his comments, Lavrov said the "time-tested" Russia-India friendship is a model on interstate relations based on mutual trust and respect. "New Delhi deserves the deepest respect for pursuing an independent foreign policy as part of its course toward strategic autonomy, consistently prioritising the national interest," he said. "The time-tested Russian-Indian friendship is a model of how interstate relations based on equality, mutual trust and respect, and consideration of each other's interests can and should be built," he added.

**25 Statistical Officers adjusted**

Officers as Assistant Directors (E&S) under Government Order No. 32-JK (PD&MD) of 2025 dated December 31, 2025, issued by the Planning Development & Monitoring Department. As per the order, several officers have been posted to new departments against available vacancies in the interest of administration. Mehbooba Akhter has been posted to the Directorate of Command Area Development, Kashmir, while Mohd Farooq Mir has been adjusted in the office of Chief Medical Officer, Kulgam. Gulzar

Ahmad Kanroo has also been posted in the office of Chief Medical Officer, Kulgam.

Mohd Younis Khan has been transferred to the office of Chief Planning Officer, Ganderbal, while Rubena Tabasum has been posted in the office of Regional Director, Evaluation and Statistics, Kashmir. Ajaz Rasool has been adjusted in the office of Principal, Dental College, Srinagar, relieving the additional charge held earlier. Firdos Qadir has been posted to the School of Applied Economics & Statistics, Kashmir, and Tanveer Ahmad to the Tribal Affairs Department, Civil Secretariat. Kuldeep Kumar has been adjusted in the office of Chief Medical Officer, Doda, while Bashir Ahmad Mir has been posted to Government Medical College, Udhampur. Sajad Ahmad Sheikh has been posted in the office of District Statistics and Evaluation Officer, Kupwara, while Syed Masood Ahmad Simnani has been adjusted in the office of Chief Education Officer, Kulgam. Kuldeep Kumar (SC) has been posted to Government Medical College and Associated Hospitals, Jammu. Among others, Sabir Hussain has been posted to the office of Assistant Commissioner Development, Jammu, while Rajinder Kumar has been adjusted in the office of Chief Agriculture Officer, Samba, and Raj Kumar has been adjusted in the office of Chief Education Officer, Udhampur. Further, Gulzar Hussain has been posted to the office of District Statistics and Evaluation Officer, Srinagar, while Fida Hussain Zargar has been adjusted in Government Medical College, Rajouri. Gazalla Nabi has been posted to the School of Applied Economics & Statistics, Jammu, and Rajinder Singh Sethi shall continue in SAMAGRA Shiksha, J&K. Mohd Yousuf Dar has been posted to the Directorate of Health Services, Kashmir. Amar Jeet Singh has been adjusted in the office of Principal Chief Conservator of Forests, J&K, while Sunil Kumar Raina has been posted to the Social Welfare Department, Civil Secretariat. Vijay Prabhakar has been adjusted in the office of Chief Planning Officer, Budgam. Mohd Younis Khan has been transferred to the office of Chief Planning Officer, Ganderbal, while Rubena Tabasum has been posted in the office of Regional Director, Evaluation and Statistics, Kashmir. Ajaz Rasool has been adjusted in the office of Principal, Dental College, Srinagar, relieving the additional charge held earlier. Firdos Qadir has been posted to the School of Applied Economics & Statistics, Kashmir, and Tanveer Ahmad to the Tribal Affairs Department, Civil Secretariat. Kuldeep Kumar has been adjusted in the office of Chief Medical Officer, Doda, while Bashir Ahmad Mir has been posted to Government Medical College, Udhampur. Sajad Ahmad Sheikh has been posted in the office of District Statistics and Evaluation Officer, Kupwara, while Syed Masood Ahmad Simnani has been adjusted in the office of Chief Education Officer, Kulgam. Kuldeep Kumar (SC) has been posted to Government Medical College and Associated Hospitals, Jammu. Among others, Sabir Hussain has been posted to the office of Assistant Commissioner Development, Jammu, while Rajinder Kumar has been adjusted in the office of Chief Agriculture Officer, Samba, and Raj Kumar has been adjusted in the office of Chief Education Officer, Udhampur. Further, Gulzar Hussain has been posted to the office of District Statistics and Evaluation Officer, Srinagar, while Fida Hussain Zargar has been adjusted in Government Medical College, Rajouri. Gazalla Nabi has been posted to the School of Applied Economics & Statistics, Jammu, and Rajinder Singh Sethi shall continue in SAMAGRA Shiksha, J&K. Mohd Yousuf Dar has been posted to the Directorate of Health Services, Kashmir. Amar Jeet Singh has been adjusted in the office of Principal Chief Conservator of Forests, J&K, while Sunil Kumar Raina has been posted to the Social Welfare Department, Civil Secretariat. Vijay Prabhakar has been adjusted in the office of Chief Planning Officer, Budgam. Additionally, Rohini Sharma, who was awaiting adjustment in the Directorate of Economics & Statistics, J&K, Jammu, has been posted in the same directorate against an available vacancy. All the officers are deemed to have been relieved with immediate effect. The order has been issued with the approval of the competent authority.

**ISRO studying orbital**

docking of Gaganyaan module to space stations like Bharatiya Antariksh Station (BAS), routine crew transfer, etc." said Singh. Bharatiya Space Station is the planned modular space station to be constructed by ISRO, and the launch of its first module is expected to be in 2028.

**Doda Adm kick-started 150 Years of Vande Mataram celebrations**

DODA, MARCH 23: The District administration Doda today kick-started a special phase of celebrations marking the glorious 150 years of Vande Mataram at the Conference Hall of the DC Office Complex, Doda. The programme commenced with patriotic fervour, highlighting the historic significance of the national song and its role in India's freedom struggle. A short film on Vande Mataram was also screened on the occasion, inspiring participants and rekindling the spirit of nationalism.

Adding to the patriotic atmosphere, a beautiful and melodious recitation of the national song of India, Vande Mataram, was presented by the students of Government Girls Higher Secondary School Doda. While addressing the gathering, District

Commissioner (DDC) Doda, Krishan Lal paid rich tributes to the martyrs and highlighted that the 150-year celebration of Vande Mataram serves as a reminder of their supreme sacrifices. He called upon participants, especially the youth, to work with dedication, uphold the values of patriotism and contribute towards nation-building. He also stressed the importance of a united effort to eliminate drug abuse and build a healthy society.

ADDC Roshan Lal in his address, also paid homage to the martyrs and highlighted the vital role of students in shaping a strong and progressive nation. He encouraged the youth to actively participate in such programmes and imbibe the spirit of patriotism in their daily lives. ADC Anil Kumar Thakur, who is also the Nodal Officer for the celebrations informed that the special phase will be observed from March 23 to March 30, 2026. He stated that this phase has been dedicated to the brave martyrs who laid down their lives for the freedom of the motherland. He urged all stakeholders to work in coordination to make the programme successful and emphasized the need to collectively eradicate the menace of drug abuse from society. Among others present were ACR Ashraf Pervez; ACP Mushraf Haff; district officers; officials from the Sports and Education Departments and students from various government and private schools. Meanwhile, the 150th anniversary of Vande Mataram was celebrated with great enthusiasm.

**West Asia crisis**

of the war, yet the government is ensuring that gas

